



**RESOLVE**  
COMMUNICATION  
A LANGUAGE FOR LIFE

**Would you like the professional and personal relationships in your life to be based on mutual respect and connect more easily?**

**Do you wonder why with your life experience and education it isn't easier to have good relationships?**

What probably isn't surprising is that many, many people have difficulties with communicating in their lives leading to a breakdown in relationships in family, community and at work. On a global basis this means conflicts, disputes and ultimately wars.

We will often then blame ourselves for not having the skills when in fact we usually haven't been educated to speak in a way that connects with others without judgment and evaluation. Before people are willing to connect authentically with you, they need to feel a level of trust. If, as a result of your words, they feel anger, guilt or shame, mutual cooperation is not possible regardless of the words spoken.



This is where Resolve Communication through the use of Nonviolent Communication in its training can help you:

- ✓ *Seek collaboration in favour of conflict*
- ✓ *Engage in honest communication without blame or criticism*
- ✓ *Understand the needs of others*
- ✓ *Help team members to achieve more easily*
- ✓ *Foster empathic colleagues, not every man for himself*
- ✓ *Become aware of yours and others feelings and needs, empowering your decisions*
- ✓ *Make requests that foster others willingness to contribute*
- ✓ *Learn to express yourself with honesty and compassion*
- ✓ *Resolve conflict and meet the needs of all*

**INDIVIDUAL SOLUTIONS**



**COMMUNITY SOLUTIONS**



**BUSINESS SOLUTIONS**



Request a **FREE ASSESSMENT** for your workplace communication problem



**0412 462 090**

lois@resolvecommunication.com.au  
<http://resolvecommunication.com.au>